

DISCIPLINES-ACRO DIVISION

ACRO DANCE

A dance routine that seamlessly blends acrobatics with dance through flowing transitions and formation changes and expression of emotion and musicality. An Acro dance routine should include a balance of dance with approximately 50-60% acrobatics.

ACROBATICS

A routine primarily composed of acrobatics that may include unlimited contortion, tumbling, gymnastics as well as dance. This is the category for any routine comprised of more than 60% acrobatic elements.

CIRQUE

A routine that features circus skills and/or apparatus including hand balancing, juggling, unicycle, hula hoop, canes, or cubes MUST be entered in the cirque category. For safety reasons, rig, aerial silks/tissu, lyra/hoop, trapeze, and other apparatus that suspend performers above the ground are not permitted.

PLEASE REVIEW IMPORTANT SAFETY UPDATES.

★ **ACRO DIVISION AWARDS**

- ★ Routines will be categorized by age, level, and group size and may be combined.
- ★ The Acro Division will have its own Overall Solo, Duo, and Group awards including cash/credit for highest scoring routines in the competitive and elite levels (the number of placements and awards will be based on number of entries).
- ★ Scholarships to Circus Lab, ADTA, and Acrobatic Arts will be awarded in the Acro Division.
- ★ ELITE and COMPETITIVE Routines in the Acro division are eligible for TOP 10 Dancers and the TOP 10 Groups Challenge for Charity.
- ★ Dancers who earn a place in the TOP 10 Dancers or win the Challenge for Charity for an Acro routine MUST also be entered in the Dance Division to be granted access to the TOP 10 Intensive.